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**THE LONDON PMS
AND MENOPAUSE
CLINIC**
May 2015 Newsletter



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Dear

NEWSLETTER – TESTOSTERONE PELLETS

I am afraid that the inevitable has happened – the supply of testosterone pellets has run out and after a couple of years of juggling with suppliers there are no more testosterone pellets available worldwide.

This may not be quite true because some 100mg pellets have been made for the UK market in America but the pharmaceutical company has been unable to obtain an export licence. They are available from our local chemist, Welbeck Pharmacy, one at a time on a named patient basis at twenty times the price of two years ago! These individual pellets apparently take two weeks for delivery and I have not tried it yet. I do not want you to come to the clinic for oestradiol and testosterone implants without knowing that the testosterone component will almost certainly be unavailable. However, of course, there is the testosterone gel, Testim, which works well and it is also possible to give you a depot injection of testosterone which will last for three months.

Please be reassured we are still working on the problem of implant availability but I thought it only fair to warn you.

Otherwise things are well, there is no doubt that it is now recognised that hormones through the skin by gels and implants are safer than oral and that there is a very important place for testosterone for mood, energy and libido. All the current studies, except the rehash of the Oxford ovarian cancer study (which is not believed anywhere outside Oxford) all give reassuring information about the longterm safety and benefits.

Best wishes
Yours sincerely
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Professor of Gynaecology

